



OUTCOMES MATTER



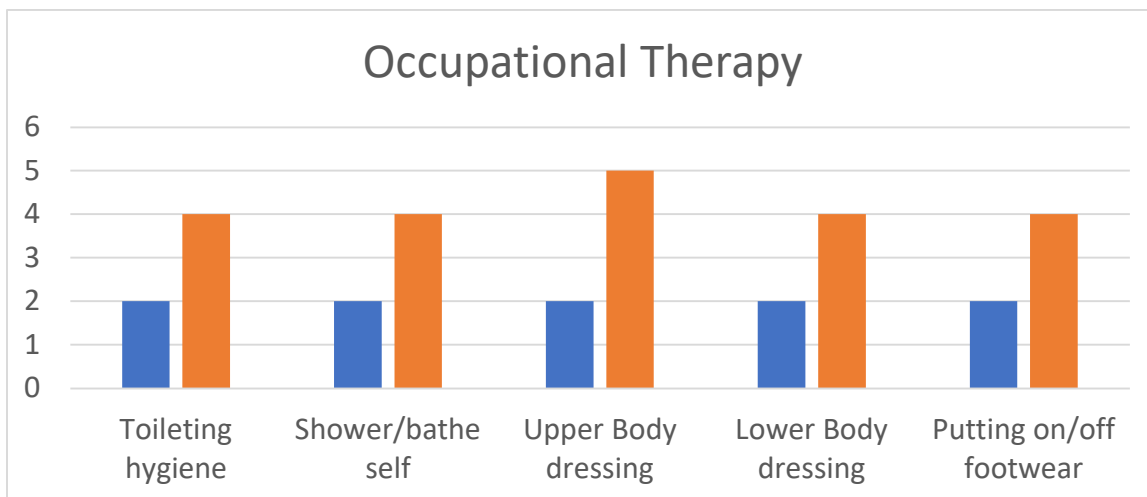
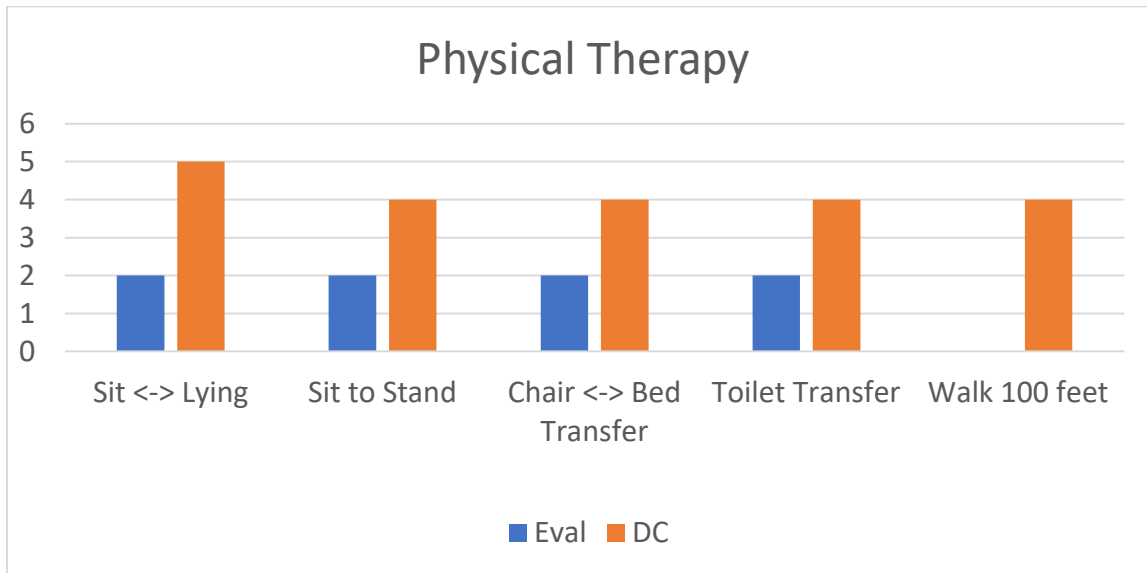
Mrs. Sullivan is an 83-year-old female who admitted to Willowbrook Nursing & Rehabilitation Center on 3/14/2024 from an acute care hospital after her home health nurse charted her pulse rate at the mid forty's and recommended, she be hospitalized.

PT evaluated Mrs. Sullivan on 3/15/2024, she was able to complete all bed mobility tasks with Maximum Assistance and required Maximum Assistance during transfers. She was unable to demonstrate the capacity to propel a manual wheelchair and required assistance for propulsion. Prior to her hospitalization, Mrs. Sullivan resided in an Assisted Living Facility by the name of Meadowview Place and was modified independent for ambulation and gait using a Standard Front Wheeled Walker. PT set goals to focus on improving functional transfers, balance, and gait, with the goal of discharging back to her Assisted Living Facility.

OT evaluated Mrs. Sullivan on 3/16/2024, where she required **Maximum Assistance** with performing all toileting tasks and toileting transfers. She performed upper body dressing and lower body dressing requiring Maximum Assistance and had poor activity tolerance. OT set goals to address increasing her bilateral upper-extremity strength and ROM for improved activity tolerance and functional task performance required during self-care tasks, activities of daily living, instrumental activities of daily living, as well as to perform transfers to/from shower chair with **Contact Guard Assistance** (assistive device or extra time needed).

ST evaluated Mrs. Sullivan on 3/15/2023 and she demonstrated a marked baseline of functional problem-solving skills requiring Verbal Cues to facilitate decision making for her care and needs. ST set goals for her to achieve the ability to express her needs with Moderate Verbal cues.

Mrs. Sullivan made substantial functional gains following 29 days of skilled nursing and therapy services. PT impacted her ability to safely perform transfers with Contact Guard Assistance. Mrs. S was able to ambulate **100ft** with a two wheeled walker requiring Contact Guard Assistance. She also made significant gains with OT where she demonstrated the ability to perform all Activities of Daily Living with **Minimum Assistance**. Her functional problem-solving skills also improved with ST, and she requires Moderate Verbal Cues in order to facilitate decision making skills. Mrs. Sullivan was accepted back to her Assisted Living Facility on 4/11/2024, and discharged from our facility on 4/12/2024 with her preferred home health services.



MDS Section GG Functional Scores

06 - Independent

Completes the activity by him/herself with no assistance from a helper

05- Setup or clean-up assistance

Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.

04 - Supervision or touching assistance

Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.

03 - Partial/moderate assistance

Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.

02 - Substantial/maximal assistance

Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.

01 - Dependent

Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of two or more helpers is required for the patient to complete the activity.