

OUTCOMES MATTER

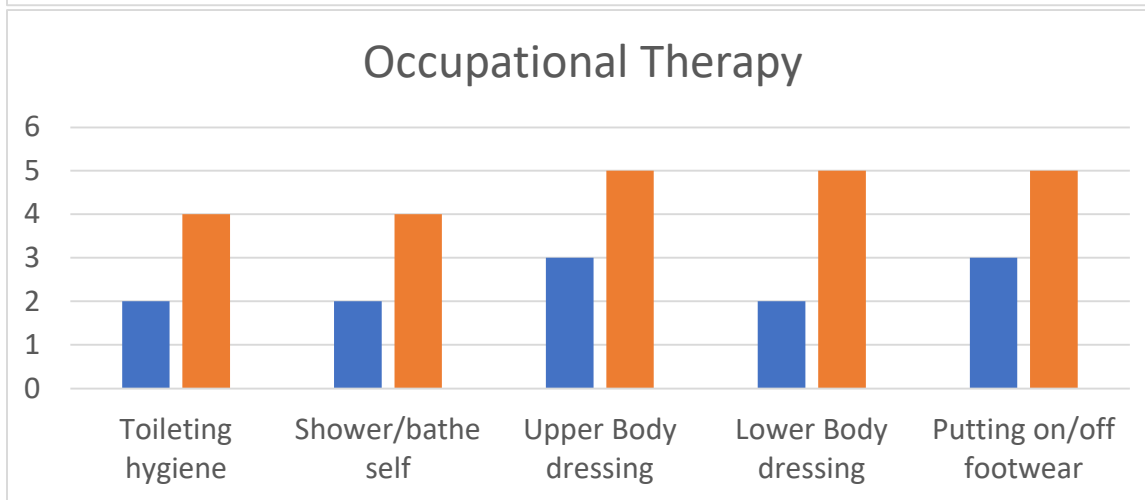
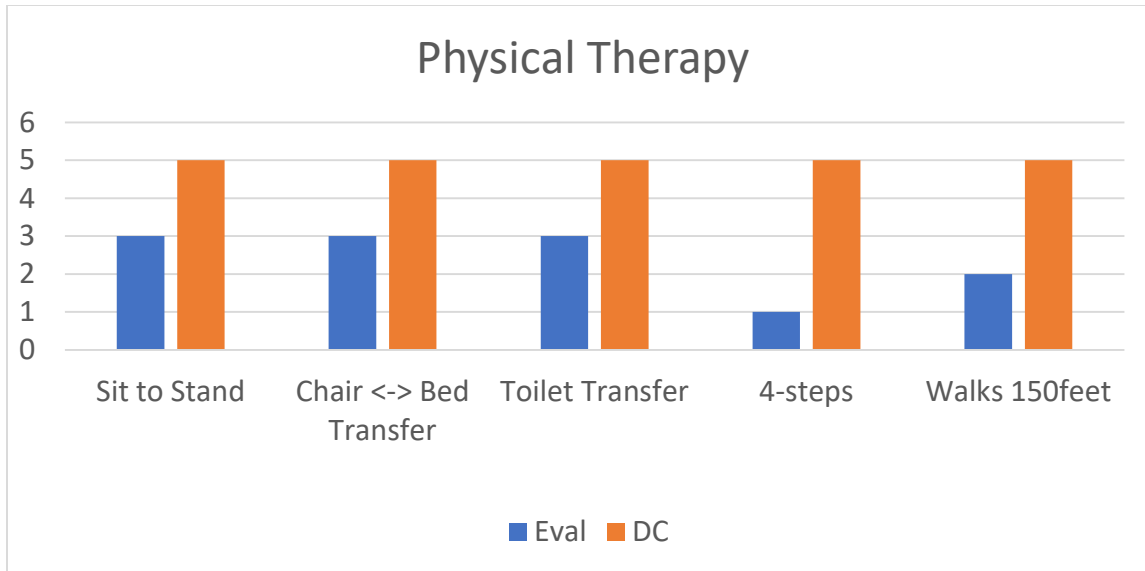


Mr. Session is an 84-year-old male who admitted to **Willowbrook Nursing & Rehabilitation Center** on 5/7/2024 from an acute care hospital after experiencing seizures and pneumonia.

PT evaluated Mr. Session on 5/8/2024 where he was able to perform bed mobility and transfers with Contact Guard Assistance and walked 30-feet using a two-wheeled walker with Contact Guard Assistance. Prior to his hospitalization, Mr. Session was Independent with all Activities of Daily Living, transfers, and Instrumental Activities of Daily living. He was also able to step up and down 1-step with Minimal Assistance at evaluation. PT set goals to focus on improving his strength, functional transfers, balance, and functional mobility, with the goal of discharging to his son's home and after a period of time will be returning to his home alone.

OT also evaluated Mr. Session on 5/8/2024. During his evaluation he required Moderate assistance with performing all toileting tasks and toileting transfers requiring Minimal assistance. He required Minimal to Moderate assistance for self-care tasks and during Activities of Daily Living. OT set goals to address increasing his ability to perform ADL's and promote safety awareness during functional task performance, and also his safety during functional mobility and transfers with Moderate Independence.

Following 25 days of skilled nursing and therapy services, Mr. Sessions made great functional gains with PT and was able to perform all transfers and bed mobility with Modified Independence. He was able to ambulate **250+ ft** with a two wheeled walker and supervision for his safety. He also was able to step-up and down 12-steps with Stand-by Assistance. He made great gains also with OT and is able to demonstrate safety during Activities of Daily Living requiring Stand-by Assistance. Mr. Sessions was able to safely discharge to his son's home on 6/1/2024 with home-health services of his choice.



MDS Section GG Functional Scores	
06 - Independent	Completes the activity by him/herself with no assistance from a helper
05- Setup or clean-up assistance	Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
04 - Supervision or touching assistance	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
03 - Partial/moderate assistance	Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.
02 - Substantial/maximal assistance	Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
01 - Dependent	Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of two or more helpers is required for the patient to complete the activity.