

# OUTCOMES MATTER

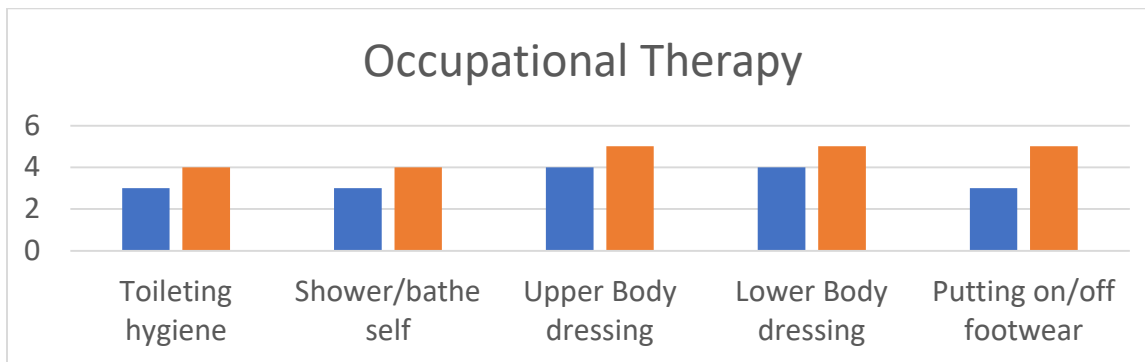
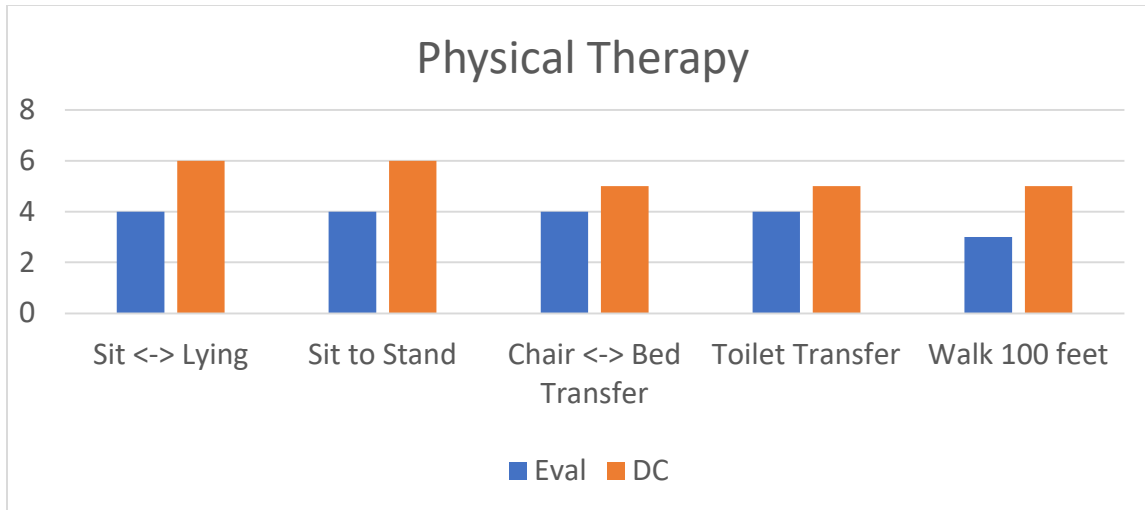


**Mr. Smith is an 86-year-old male with dementia who admitted to Willowbrook Nursing & Rehabilitation Center on 6/17/2024 from an acute care hospital following being found on the floor in his home after a fall with acute injury.**

**PT** evaluated Mr. Smith on 6/18/2024, and he demonstrated the ability to complete all bed mobility tasks with Contact Guard Assistance, as well as transfers. He was able to walk 150-feet requiring Contact Guard Assistance and Verbal Cues for improved safety. PT set goals to focus on improving his functional transfers, balance, and gait, with the goal of discharging back to home with family support versus ALF.

**OT** evaluated Mr. Smith on 6/18/2024, where he required **Moderate Assistance** with performing all toileting tasks and Contact Guard Assistance with toileting transfers. He performed upper body dressing with stand-by assistance and lower body dressing requiring Minimum Assistance. OT set goals to address increasing his bilateral upper-extremity strength, sitting balance, and ROM for improved activity tolerance and functional task performance required during self-care tasks, activities of daily living, instrumental activities of daily living, as well as to perform transfers to/from shower chair with **Modified Independence** (assistive device or extra time needed).

Mr. Smith made substantial functional gains after 31 days of skilled nursing and therapy services. PT impacted his ability to safely perform transfers and ambulate using a Rolling Walker with Supervision. Mr. Smith was able to ambulate **750feet** with Supervision using a two wheeled walker and demonstrated improved scoring with the Timed Up and Go Test to 14seconds. He also made significant gains with OT where he demonstrated the ability to perform all Activities of Daily Living with **Supervision and Set-up Assistance**. Mr. Smith was able to safely discharge to an ALF on 7/18/2025.



MDS Section GG Functional Scores	
<b>06 - Independent</b>	Completes the activity by him/herself with no assistance from a helper
<b>05- Setup or clean-up assistance</b>	Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
<b>04 - Supervision or touching assistance</b>	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
<b>03 - Partial/moderate assistance</b>	Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.
<b>02 - Substantial/maximal assistance</b>	Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
<b>01 - Dependent</b>	Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of two or more helpers is required for the patient to complete the activity.