



## OUTCOMES MATTER



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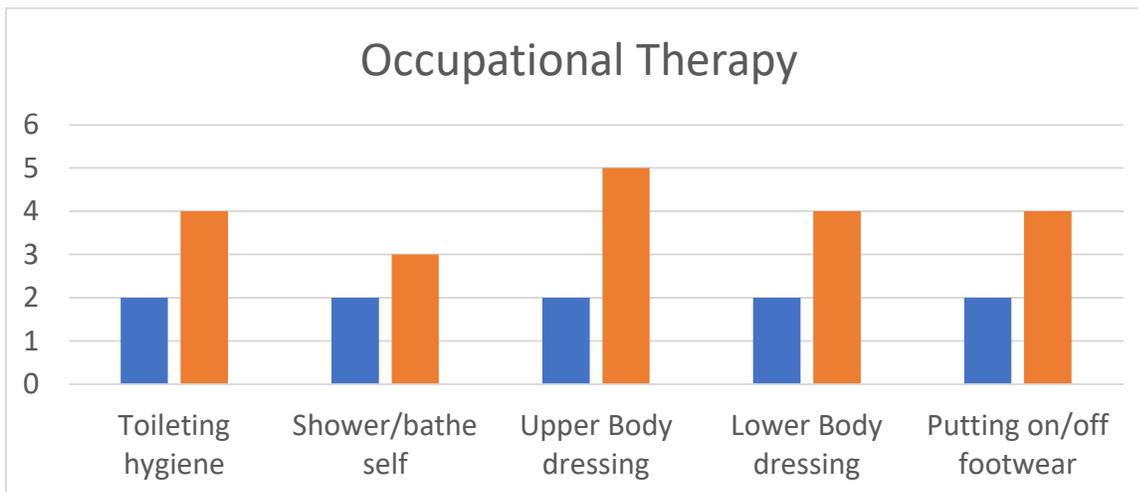
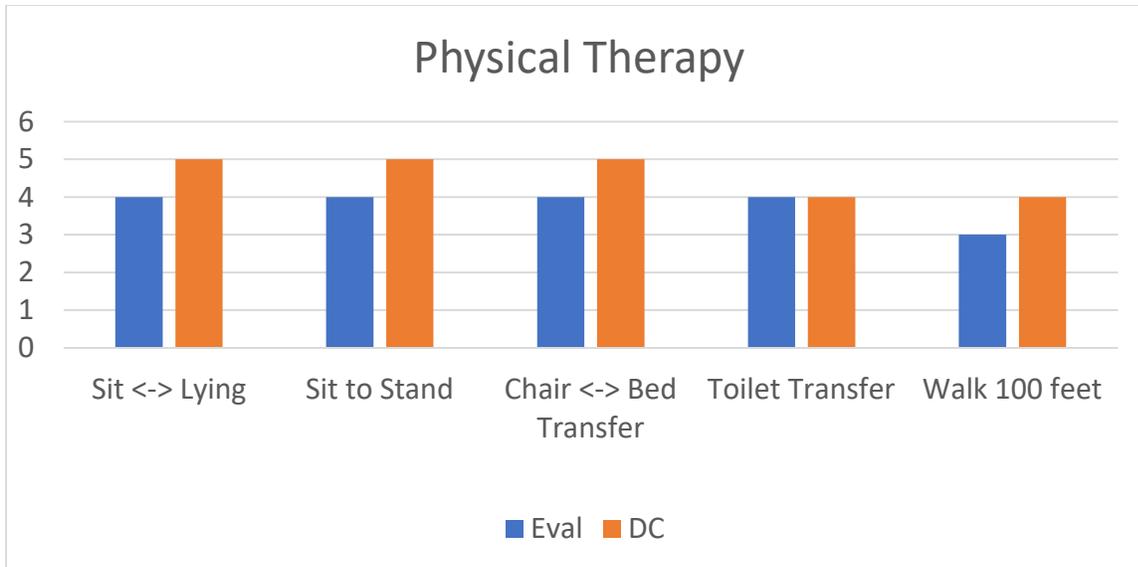
**Mr. Farmer is a 70-year-old male who admitted to Willowbrook Nursing & Rehabilitation Center on 4/27/2024 from an acute care hospital after a LT-L3 transforaminal lumbar interbody fusion revision following months of increased pain and functional decline.**

**OT** evaluated Mr. Farmer on 4/29/2024, where he demonstrated the need for **Maximum Assistance** with performing all toileting tasks and Moderate Assistance with toileting transfers. He performed upper body dressing with Moderate Assistance and lower body dressing requiring Maximum Assistance. Mr. Farmer had poor activity tolerance and presented with pain during ADL performance while sitting and standing. OT set goals to address increasing his bilateral upper-extremity strength and ROM, and activity tolerance, for improved functional task performance with toileting tasks, activities of daily living, instrumental activities of daily living, as well as to perform transfers with improved independence.

**PT** evaluated Mr. Farmer on 4/28/2024, he was able to complete all bed mobility tasks with Contact Guard Assistance and during transfers. He required Contact Guard Assistance to walk 60-feet using a Two-Wheeled Walker. Prior to his hospitalization, Mr. Farmer provided care for his wife and was Modified Independent with ADL's and IADL's. PT set goals to focus on improving functional transfers, balance, and gait, with the goal of discharging home with his wife.

Mr. Farmer made substantial functional gains following 18 days of skilled nursing and therapy services. PT provided interventions which improved his ability to safely perform bed mobility with Supervision. Mr. Farmer was able to ambulate **150ft** with a two wheeled walker requiring Stand-by Assistance. Mr. F experienced improved pain management with the incorporation of modalities using cold packs throughout the day while onsite. He also made significant gains with OT where he demonstrated the ability to perform all Activities of Daily Living with **Minimum Assistance and Supervision**. Mr. Farmer was able to safely discharge home with his wife on 5/15 with home health services of his choice.

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MDS Section GG Functional Scores	
<b>06 - Independent</b>	Completes the activity by him/herself with no assistance from a helper
<b>05 - Setup or clean-up assistance</b>	Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
<b>04 - Supervision or touching assistance</b>	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
<b>03 - Partial/moderate assistance</b>	Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.
<b>02 - Substantial/maximal assistance</b>	Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
<b>01 - Dependent</b>	Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of two or more helpers is required for the patient to complete the activity.